



**THE COUNCIL OF THE
ELEMENTS**

**REALIGN
BEFORE
REBUILDING**

© Iveta Rottová

The Councils of the Elements — Realign Before Rebuilding

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This booklet has been composed to give an overview of important topics, from the point of view of the author, asking for our attention as we re-align and rebuild our communities in harmony with the planet and nature. When we listen, we can positively address the more and more audible communication of our Earthly Mother and her elements.

This booklet is dedicated to all beings who have so tirelessly and joyfully laboured for Mother Earth and her civilizations.

INTRODUCTION

Planet Earth is experiencing on a large scale what many have lived on a personal scale — Structures which oppose the natural order are collapsing, lifestyles are changing, and old forms of work are disappearing. On a personal level, we experience people leaving our lives whilst new ones enter in.

The elements themselves — Earth, Water, Air, and Fire — are now holding an increasingly audible court.

We can see this not as simply "climate events," but as the intelligent, corrective responses of a conscious, loving being. A forest fire that renews a landscape choked by old growth. A flood that uncovers ancient, sacred ruins, forcing a re-evaluation of history. A windstorm that topples symbols of hubris. A tremor that shifts a river's course to nourish parched land.

The Earth is communicating with increasing urgency.

When we understand the purpose behind such events, we can not only rebuild, but we can also re-align our communities. We will — by necessity — learn how to build with the flow of water, plant according to the

intelligence of the soil, and design with the breath of the wind.

The change is inevitable and is a part of a larger-scale planetary and Universal process. The Earth is evolving and it is up to humanity in what shape and form we evolve with her.

We may consider the suggestions outlined on the following pages to re-align with the natural order of our ascending planet.

This document does not refer directly to sources of information. It is up to the reader to intuitively evaluate the suggestions here with their heart.

CHAPTER 1

UNDERSTAND THE ROLE OF HUMANITY

Let us begin with the End in Mind.
Humanity is remembering its role as a guardian race, lovingly evolving *with* the planet for the benefit of All of the Universe. Not simply *on* Her.

Many astronauts who travel to space — in both physical and non-physical ways through out of body experiences — report seeing the same thing: one blue and green planet, without countries or borders. A place — magnificent and powerful — yet in many ways vulnerable and so small. At this scale, no human structures are visible and our daily business seems minuscule and secondary. It invites us to reconsider the order of our priorities:

1. Planet Mother Earth is our home and our nourishment. Before we develop our ability to sustain ourselves without her, we need to acknowledge that she truly gives us life. If we do not receive from her

respectfully, give back, and address our needs with her help, we may as well forget everything else.

2. Humanity Humans as a guardian race are important since we are Divine Children placed in this beautiful home. Reverence for all life and organic intelligence should be our guideline, as we remember the perfection originally bestowed upon us. May we live without limitation in sovereign co-creation with all that is.

3. Machines Technology can be used temporarily as evolutionary aid but cannot be mistaken for the goal or even means of evolution itself. It is simply a tool to remind us what has been temporarily forgotten.



Once we understand a more beneficial order of priorities necessary for us to live and thrive on planet Earth, we may re-focus on action-based initiatives that implement our redefined values. Without the necessary alignment, we would inherently end up doing the same thing all over again.

A healthy environment and society will provide the space to turn inward to our essence, the giver of our life, as we complete the current cycle of evolution as we know it. Only then can we understand our role in the Universe and Multiverse at large.

Next steps

We may reflect on where we have placed our attention — in our life, our work, and creation. Can we honestly say that we labour towards what is worthwhile? How do we decide what that is? What values do we hold? Do we seek compromise, and if so, what are our reasons for doing so?



CHAPTER 2

BUILD WITH THE FLOW OF WATER

It is enough to go swimming once in a wild river or a rough ocean to know the elements are in charge. May we celebrate the flow of water, not build against it

Waterways are like the veins and arteries of our human body — bringing nourishment to the land. The living beings in Earth's restored ecosystem — humans, plants and mineral life — need water to live. Is it really worth it to disrupt such an intelligent and delicate system with unwise interventions, or is building with the flow of water a better strategy? Do we try to manage Earth, or do we respect her chosen pathways and create with her?

- **Observing natural waterways** What if Earth — in her pristine state — knows best where she desires her rivers to flow? Which areas need regular flooding? And how to manage her water cycles? What if regulation of natural rivers is not necessary to the wellbeing of the collective planet-human system? The pressure of water on rocks — through waterfalls

big or small, gradients, or swirling currents — recharges the grids of the planet in a natural way. By disrupting this natural process and using all that accumulated energy for our own purpose, we are creating a misbalance of energy that shows elsewhere. What if how we collectively treat emotions is reflected in how we treat waterways?

- **Following sustainable agricultural practices**

Permaculture, sustainable farming, forest protection, re-forestation and the rebuilding of natural water retention mechanisms are basic principles that need to be followed as the new baseline. Land that can intelligently retain water protects us and other living beings from both droughts and flooding.

- **Respecting natural cycles and correction mechanisms**

The nature of reality is its spiral movement, or cyclicity. Flooding that nourishes parched land, or earthquakes that redirect water-flow elsewhere, may be the most intelligent mechanisms Earth has at her disposal. We can be sure that each event is the most harmonious and loving action possible restoring pristine creation. Correction may not always occur at the same place or time as the biggest shift out of balance happened. We may trust the loving intelligence of planet Earth.

- **Restoring natural grids** Extensive rain periods reveal the issues caused by the extensive paved grids that prevent natural water retention and that lead to quick flushing of rainfall to major waterways. Do we truly need so many concrete areas, paved roads, and parking lots? Spiritual authors recommend cities comprising a few thousands inhabitants nearby one another as the optimal size for the growth of the soul. These settlements allow for the proper balance with natural environments. Do we truly need concrete jungles filled with tens of millions of people disconnected from both nature and one another?
- **Protection of waterfronts** Protection of natural floodplains and surrounding areas is suggested. In addition, waterfront land may be reserved to public and common areas which we can all benefit from.



Obstructing the flow of water is one of the most counterproductive efforts of human kind. Water is here to nourish. It is time we build with her flow.

Next steps

As always, it is a good idea to start with ourselves. How do we express our gratitude for water and its nourishing of our bodies? How do we value this precious resource and where can we do more to protect it? And how, if we are called, can we extend our service to the community?



CHAPTER 3

DESIGN WITH THE BREATH OF WIND

Build for human scale at suitable locations, with structures fitting into the natural environment.

Human scale buildings means building only what is needed, with construction which blends with our natural landscapes organically. These practices prevent or greatly reduce damage by wind. We may avoid building in zones where wind damage periodically occurs. We may build structures more fitting into the natural environment. Compassion and better land management are crucial as land is not something we own, but something we steward.

- **Living closer to the land** Living close to the ground connects us to the land making it possible to directly step outdoors directly from our door. This supports the exchange of energy with Earth's magnetic field. This brings a harmonious effect between Earth and humans and enables a harmonious co-creation in resonance with the energetic web.

- **Moving outdoors from indoors** Out of habit, some humans have become very sensitive to weather. The current variety of climate on Earth contributes to such tendencies. However, in other societies much of life is lived outdoors in communion with the natural environment. This reduces the need for extensive structures in the first place.
- **Respecting natural flow** Natural airflow is inherently connected with, for example, heat gradients, oceanic currents, and rainfall. It is an open system regulated by the consciousness of living beings. Everything is connected. Any disharmony within this system shows up in multiple layers simultaneously.



May we be stewards of gifts of Mother Earth but not owners. Construction and design with the wind is a necessity, not luxury.

Next steps

We may reflect on the reasons for construction of structures in our own living environment. Where can we contribute to a shift to a more humble society? Where can we help others to have pleasant living conditions?

CHAPTER 4

BUILD AROUND EARTHQUAKES

Earthquakes are intelligent tools for remodelling of landscape as well as release of pressure. To stop movement and change is to stop life.

May we learn to listen to Earth and her guidance through trained individuals, such as experts in geomancy and shamans. They can guide the community in accordance with the communication of Earth herself with the most powerful human tools - the heart and the brain.

- **Understanding tremor as a natural response** In some situations, Earth may be required to create a large transformation in a short period of time. This can be for her protection, nourishment, remodelling, or climate changes which are necessary for various reasons. For example, an earthquake may change the course of a river to nourish a parched land. Such change may be necessary for Earth and her own evolution. In our roles as guardians, we may seek to support her spiritually during these changes according to our own calling and capacity. Tremors

may happen and we may need to make necessary adjustments to our living situation to accommodate them. As outlined at the beginning of this document, may we be guided by the logical and natural order of values — planet first and humans second.

- **Cleansing and purification** In the long history of Earth, which is currently being uncovered collectively, cataclysmic events have occurred and been brought upon humanity whenever its activity did not follow the natural order. These events served to cleanse the land. Usually, a part of the population is aware of these cosmic cycles and continues their embodiment in the new cycle by following their inner guidance.
- **Listening to experts** It is an unfortunate habit of much of humanity to disregard advice from experts, especially regarding climate and geology. For example, a large part of California's population lives along and nearby the San Andreas fault line, which comes with significant earthquake risk. Each inhabitant there has multiple options. The first is to do nothing and rely on group consciousness and public services. These individuals might think: "If it was dangerous to live here, it would not be allowed and others would not live here. If anything happens, public response will meet all my needs." They might also live in reinforced buildings, prepared with emergency kits filled with water and other

essentials. Broken aqueducts may cut water supply far from the actual fault line. Finally, people may listen to guidance of Earth herself, intuitives and spiritual leaders who may predict and inform about such events with great accuracy.



Understanding Earthquakes correlates with an understanding of, and respect for, the fundamental mechanisms of life expressed through movements of the Earth. Through the manipulation of historical events, we have come to believe that any significant change takes inordinate amounts of time. However, Earth's landscape is, in truth, far more dynamic.

Next steps

As mentioned previously, we need to understand our role on Earth as visitors and guardians, but not (yet) masters of our physical environment. Respect the choices of Earth and do not assume we have power over more than we truly have.



CHAPTER 5

PLANT BY THE INTELLIGENCE OF THE SOIL

Earth will give back a thousand fold if we respect her way of producing abundance. Sustainable practices prioritizing long term yields over short term benefits are long overdue.

Farming practices that respect the natural order of ecosystems — such as permaculture — are becoming the default on Earth. The “beyond organic” solutions to land management are known that will lead us to sustenance from land and nature as it is. Later on, we will be able to live only on breath and the Sun.

- **Protecting soil** Soil helps plants grow that are in a beautiful symbiosis with humans — producing oxygen while we produce carbon dioxide. It also produces nourishing foods for the human body that we still need and is thus an extremely valuable resource. In its natural state it is abundant. The more in balance its chemical properties become, the more yield and less interventions it requires, both

mechanical and chemical. Without the mechanical manipulation and mixing of soil layers, its composition stays as intended. As the micro is always a reflection of the macro, we may imagine what would happen to us humans if a huge bulldozer came and plowed over the surface where we live and upturned more than hundreds of meters of underlying soil. How long would we be able to live naturally hundreds of meters underground?

- **Eliminating animal feed** Croplands comprise one-third of agricultural land on Earth, and grazing land comprises the other two-thirds. Only half of cropland is used for humans directly, with the second most common use being growing feed for farmed animals. Disregarding the ethical, spiritual, and health consequences of meat eating, may the data speak for itself on how much such practices burden the natural environment.
- **Long supply chains** Growing food on farms far from their consumers creates long farm-to-shelf lives that destroy much of the crop's natural beneficial micronutrients. Empty calories are the result.
- **Returning to individualized nutrition** Growing our own food, at least to cover some of our needs, enables the intelligence of the soil and of the plants to produce nutrients, vitamins and health-inducing agents that respond to our own personalized needs

directly. These are read from the environment and soil as it interacts with our human body.



Planting by the intelligence of the soil includes many practices mastered by our ancestors. It is not necessary to reinvent the wheel. It is only needed to actually heed this advice we have heard many times over. We may validate this advice by sensations and feelings within our body.

Some readers used to scientific literature may object that the aforementioned statements do not include more scientific data or quote specific studies. However, looking at the world around ourselves, we must first master the basics.

Do we need to rely on our technology that investigates effects in isolation? How can we best assess the impact on our interconnected environment? How much wisdom—which is knowledge applied—does our science truly provide if we do not follow its basic principles? Wouldn't it be a better strategy to hand over our challenges to the intelligence of the planet itself?

Next steps

Planting by the intelligence of the soil is perhaps one of the more popular topics in the public space. What if we truly acted on our best understanding? What if we did what we can to support small-scale permaculture farmers either as creators or consumers? What is one or two things that we can do today? What is another one that we can do tomorrow?



CHAPTER 6

LOVE THE LANDSCAPE AROUND US

We can always bring more love to the land around us in the here and now — the only place ever available to us to act from.

All change follows a familiar and simple three step process. Step one is the impulse, information and decision to change. Step two is the stopping of old habits, including thoughts, emotions or physical action. Finally, step three is the taking on of a new habit, which can also include choosing to not act at all in this case.

Each step is necessary to move forward and must be taken in this order. We can be satisfied when we progress by taking the next one. When change is still new, every day is an opportunity to choose again — to explore and reaffirm our new reality.

Doing nothing simply because we cannot do everything does not serve us. It is always beneficial—

for both the collective and the individual—to take the highest, most aligned choice once is currently capable of. Such awareness will keep expanding and evolving in the infinite process called life.

We can take the following steps towards changing our own environment:

- **Build community** The New Earth is about the collective. All change in the new cycle should be completed in aligned groups with similar values and complementing life purposes. The individual masculine principle shifts to the collective feminine principle. Both men and women alike hold both these feminine and masculine blueprints within. For instance, we can observe these differences demonstrated within the animal kingdom. In the wild, we often see male African elephants posing alone in their majestic size and appearance. This is the masculine principle fading away. In contrast, female African elephants live in fairly large groups composed of multiple females and their offspring. This feminine principle is spreading on the planet as a whole for both women and men alike.
- **Connect to Earth and Sun** In the feminine cycle, the highest expression of life is lived physically. The feminine manifested energy takes the lead and we no longer needed to search for the highest expression outside the body. Both women and men are served by moving deeper inside the body,

listening to their own intuition, and connecting to their hearts. This often means resting in the being principle of creation.

- **Choose one to three focus areas** In higher spiritual realms of creation—such as the Earth and Universal councils—the council consciousness serves as the base to delegate responsibility according to individual skills and interests. May we seek the complementarity of talents that come together to multiply their gifts. We can choose one to three new focus areas where we can take responsibility to re-align and rebuild the Earth with the value of “planet first”. If needed, we can eliminate other activities, in order to free ourselves to pursue these new goals.
- **Let the Divine help** We all have spiritual beings supporting us, within arm's reach, regardless of our specific beliefs or practices. We never need to act unsupported. Activate this support simply by asking — whether silently within or out loud.



Next steps

Prioritize the suggestions mentioned in the points above according to our individual strengths. We should start with the one which comes easiest to us. Then, continue on to the second and so on, until we have

completed all. The goal here is to be inclusive, not exclusive, to the limit of our current capacity.



CHAPTER 7

SUMMARY

Alignment of our society with Earth and her next cycle of evolution is no easy feat but it can be achieved with systematic action.

We need to honour the planet and her resources as an important act of our spiritual practice and daily life. This is the beginning and end of a new civilization and culture on Earth.

- **Respect the planet as a giver of life** The planet nourishes us through her four elements: Earth, Water, Wind and Fire. By standing in right relationship with her creation, we may peacefully complete our own evolution harmoniously hand—in—hand with her plans.
- **See humanity in its guardianship role** We need to step away from the ego-centric perspective of humans being the only centre of existence.
- **Go beyond conformity** We need to take off the rose-colored glasses of naive conformity to truly step forward and effect change. Our feelings and intuition from within are reflected by much of the

information already available to us. Where can we be bolder in creating change? How radically do we dare to divert from the old ways of life?

- **Start from scratch** Sometimes, starting from scratch and doing something radically different may be easier than taking incremental steps.
- **Limit technology** Contrary to the global hype, we should return to a loving relationship with the land first. In doing so, we may step by step realize we never needed technology in the first place.



This booklet has outlined how we can align our actions and way of life with the natural order of Earth. Such alignment is necessary to avoid further destruction by the Council of the Elements. It is necessary before we rebuild our society. Understanding our role as stewards of Earth may give us the necessary wisdom — knowledge applied — to source from within ourselves the values, thoughts, emotions, and actions that co-create a harmonious existence with our beloved planet.

Thank you for reading.

ABOUT THE AUTHOR



Hi! My name is Iveta Rottová. This booklet is a summary of knowledge and inspiration for realignment of Earth so she may serve her purpose as a gem of this Universe uniting Life. May we all return to organic consciousness, God, and Peace. This work has been inspired by conversations with our beautiful planet over various lifetimes, as well as through the guidance of the current spiritual hierarchy in place.

In addition to elemental translation, I am a student of herbalism and the I AM movement. I find joy in the purity of authentic being.

My journey in this embodiment has taken me from Czechia, through Switzerland, and currently to Canada. I have travelled a lot, serving planet Earth in my small ways and her multitude of expressions.

Prior to beginning this journey, I earned a master's in engineering. However, along the way this has helped to reinforce to me that the things I believed we can solve technocratically can actually be transcended with Love.

I likewise once worked for the consulting company McKinsey & Company and in private equity for Rivean Capital. These experiences only further reinforced how much humanity, and myself, needed a much deeper revolution—one of values.

I have come to learn and validated that if I knock, doors will be opened to me, and if I seek, I shall find.

*“ I AM’ the Presence filling my world with
Perfection this day.” - Merlin S^t. Germain*

The Beginning.

